

| Mánudagur<br>Monday  | Þriðjudagur<br>Tuesday  | Miðvikudagur<br>Wednesday  | Fimmtudagur<br>Thursday  | Föstudagur<br>Friday   |
|--|---|--|--------------------------|--|
| 10:00 - 12:00<br><b>Teikning (Drawing)</b><br>Listasmiðja (Anna)                         | 10:00 - 12:00<br><b>Málun (Painting)</b><br>Listasmiðja (Anna)                      | 10:00 - 12:00<br><b>Vatnslitir (Watercolor)</b><br>Listasmiðja (Anna)            |                          | 10:00 - 14:00<br><b>Opin smiðja (Art Workshop)</b><br>Listasmiðja (Kiddi)          |
| 11:00 - 11:30<br><b>Stutt Gönguferð (Short Walk)</b><br>Nágrenni Hlutverkaseturs (Malva) | 11:30 - 12:00<br><b>Slökun</b><br>(Stína)   | 11:00 - 12:15<br><b>Saumar (Sewing)</b><br>(Kremena)                             |                          | 11:00 - 12:00<br><b>Grúskarinn (The digger)</b>                                    |
| 11:30 - 12:30<br><b>Jafningjaspjall (Peerchat)</b>                                       |   | 11:00 - 11:30<br><b>Stutt Gönguferð (Short Walk)</b><br>Nágrenni Hlutverkaseturs |                          | 11:40 - 12:10<br><b>Latin Fjör (Latin Dancing)</b><br>(Kremena)                    |
| 12:40 - 12:55<br><b>Línudans</b><br>(Anna)   |   |  | <b>UPPSTIGNINGADAGUR</b> | 12:30 - 12:00<br><b>Stutt Gönguferð (Short Walk)</b><br>Nágrenni Hlutverkaseturs   |
|  | 13:00 - 15:00<br><b>Opin smiðja (Art Workshop)</b><br>Listasmiðja (Anna)            |  |                          | 12:30<br><b>Fótbolti (Soccer)</b><br>Fífan Kópavogi                                |
| 13:00 - 15:00<br><b>Prykk (Printing)</b><br>Listasmiðja (Anna)                           | 12:30 - 13:30<br><b>Líkamsrækt (Gym)</b><br>Íþróttahús fatlaðra Hátúni 14 (Margrét) | 13:00 - 15:00<br><b>Opin smiðja (Art Workshop)</b><br>Listasmiðja (Anna)         |                          | 12:30 - 14:00<br><b>Saumar (Sewing)</b><br>(Kremena)                               |
| 13:00 - 13:30<br><b>Spænska (Spanish)</b><br>(Malva) skráning                            | 13:00 - 15:00<br><b>Handavinnuhorn (Knitting)</b><br>Miðrymi                        | 12:30 - 13:00<br><b>Latin Fjör (Latin Dancing)</b><br>(Kremena)                  |                          | 13:00 - 13:50<br><b>Söngstund (Singing)</b><br>Funarherbergi (Anna Gréta)          |
| 13:50<br><b>Fótbolti (Soccer) (F.C.Sækkó)</b><br>Íþróttahús fatlaðra, Hátúni             | 14:30<br><b>Síma hjálp</b><br>Rósa  | 13:00 - 13:45<br><b>Jóga (Yoga)</b><br>(Anna Gréta)                              |                          | 14:00 - 14:45<br><b>Jóga (Yoga)</b><br>(Anna Gréta)                                |
| 13:30 - 15:00 <b>FRI</b><br><b>Ljóðaspjall</b><br>(Auðna)                                | Hafa samband<br><b>Sund (Swimming)</b><br>(Hrafnhildur, Margrét)                    | 15:00 - ∞<br><b>Spuni</b><br>Snorri  |                          |  |
| 14:00<br><b>Borðspil (Boardgame)</b><br>(Jón Ari)  |   | 16:00 - ∞<br><b>D&amp;D (Dungeons&amp;Dragons)</b><br>Snorri                     |                          |  |
| 14:00<br>Ferðasaga<br>(Andrea)   |   |  |                          |  |
|  |   |  |                          | <b>SUNNUDAGAR 18:00</b><br><b>Fótbolti (Soccer) (F.C.Sækkó)</b><br>Kórin, Kópavogi |